



Happy New Year – January 2022



AAUW PUBLIC POLICY PRIORITY ISSUES

Strong system of Public Education
Equality, Individual Rights and
Social Justice for a Diverse
Society.
Economic Self-sufficiency for
Woman

MISSION

To advance equity for women
and girls through research,
education, and advocacy.

VISION

Equity for all.

VALUES

Nonpartisan. Fact-based.
Inclusion and Intersectionality.

AAUW FUNDS

The Educational Foundation is
one of the largest sources of
funding for graduate women in
the world awarding millions
each year in scholarships.

LEGAL ADVOCACY FUND

(LAF) works to combat sex
discrimination in higher
education and the workplace.

Highline AAUW theme for
2020 "Celebrating Five
Generations of Women"

"The future belongs to those who believe in the beauty of their dreams" —Eleanor Roosevelt

Looking back on 2021: here are some highlights:



December 18: Seattle Branch holiday gathering at Seattle Yacht Club



Board members writing holiday cards



October Book Exchange



Eva and Gwen, fully vaccinated, at Wesley Gardens



June Potluck Lunch at Mary Kay's



First "live" Morning Book Group at Jane's

January 2022 – Message of Cheer from Kay Crane – Co-President of Highline Board



Well, Happy New Year, Everyone! As I write this, we are snowed in and likely to be snowed in for a few days to come, a good time to think.

Motivation is scarce right now. After all, I'm not going anywhere; I have lots of time, and who is going to care anyway? So I don't do it, whatever the "it" of the moment may be.

The end of the fiscal year prompts me to accomplish some tasks I certainly don't enjoy doing, but I know I will be grateful later. For other things, I seem to accumulate the materials and then stop, perhaps for days.

A technique I learned from a student was the value of a planned reward, in her case, for taking the SAT or finishing the semester exams, not for doing well on them, just for getting the job done. She said it gave her something to think about, something to look forward to. It could be as simple as a chocolate ice cream cone, or a blouse she'd been wanting to buy.

I shared the idea of a planned reward with the faculty member preparing her cast for a musical, what with rehearsals, sets, props, programs, instruments, the whole shebang. She and her husband talked it over and decided that a planned weekend together on the Oregon Coast would be her reward. Her whole attitude to the performance changed for the better. It was still an enormous amount of work, of course, but she knew what her reward would be.

I am a transplant to Washington, to Seattle, from the East Coast, and I still have friends and family there. A phone call to someone I miss makes an excellent reward for doing some of the jobs I know I need to do. Sometimes I make my reward calling someone here, someone I haven't spoken to for a while, just to enjoy a friendship.

Your reward might be very different from mine, and that's okay. Just think of something you'd like to do, something you can do safely but haven't done recently, and plan to do it after you finish the tasks you know you need to do. Then you can look forward to it while you vacuum, do the laundry, store the Christmas lights properly, or deal with the paperwork on your desk.

The student who suggested this to me went to Mount Holyoke for college and on to Yale in neurobiology. My next reward may be calling her mother to hear her latest news!

What has motivated you to get something done? I'm sure Anneliese can find room in our newsletter for notes on motivation, so send them along. We can do this, together!

Kay



For contributing your news! Please continue to share any news or information that might be of interest to all our Members

Please let us know if you have any news of other members, or about your family and trips you would like to share in future newsletters. We always love to hear from you!

Help Wanted!

We are looking for volunteers to form a "social committee" to say "hello" to our members, ask them how they are doing and to share their thoughts, events or contributions to our newsletter. If you would like to co-ordinate this group, please contact Anneliese at ellerton13@gmail.com. It will only take a few minutes of your time, and we would greatly appreciate your help.



Join Us!

***Webinar - Keep Our Care Act
January 5, 2022 - 5 pm***

As you know, equitable access to healthcare has been the primary focus of our AAUW-WA mission based programming this past year. Your AAUW Washington State Executive Board recently approved joining a coalition focused on passage of the Keep Our Care Act (KOCA), which will be before the state legislature during the upcoming session. More information about the KOCA will be available soon. In the meantime, please read the following information provided by ACLU and register for a very important webinar at 5:00 pm on January 5, 2022:

“This month, we join with partners in a conversation around access to health care. Mergers and acquisitions between health care entities like hospitals, hospital systems, and provider organizations are prolific in Washington State and can negatively impact cost, quality, and access to necessary health care services. Yet in Washington, these health entity consolidations receive minimal oversight, allowing large health care systems to dictate patients’ access to care including reproductive, end-of-life, and gender-affirming care. ACLU-WA Health Care and Liberty Counsel **Leah Rutman** moderates a discussion on these issues and legislative solutions.”

Presented by:

**American Association of University Women of Washington (AAUW-WA)
American Civil Liberties Union of Washington (ACLU-WA)
Alliance for a Healthy Washington
Cedar River Clinics
Economic Opportunity Institute
End of Life Washington
League of Women Voters Washington (LWVWA)
Legal Voice
National Women’s Political Caucus of Washington
Northwest Abortion Access Fund
Northwest Health Law Advocates
Planned Parenthood Alliance Advocates
Planned Parenthood of Greater Washington and Idaho
Pro-Choice Washington”**

We invite you to use this link to register for this important event.

[Click Here to Register](#)

https://aclu.zoom.us/webinar/register/3216394371370/WN_yvLyMgcXTYexLMWMzliaFQ

If this link does not work, check your inbox for an email, which will be sent to you with a direct link.



Lobby Day, January 24th, 2022



Great opportunity to learn in depth about the bills coming up in the Washington State Legislature for 2022 - especially those that effect equity, women and girls.

This all-day event will take place on Zoom again this year with a slate of experts to give us up-to-date information on important bills and how we can best make our voices heard.

Here are some Save the Dates: January 5th registration opens for Lobby Day which is Monday, January 24th, ~ 9 am to 12:30 pm. The registration fee is \$15. January 5th, 5 - 6 pm.

Keep Our Care Act event – a panel discussion facilitated by ACLUWA and co-hosted by AAUW-WA. January 24th, AAUW-WA Lobby Day. Week of January 24th – meet with your legislators.

What's happening on Lobby Day Our Lobbyist, Nancy Sapiro, will provide an update on the coming 2022 session. A panel of branch Public Policy leaders will discuss the bills we are supporting for Lobby Day – and provide talking points for you to use when you meet with your legislators. We will also share some success stories of our visits last session and invite you to share your success stories. Please send me your stories! We will hear from experts about several bills such as Keep Our Care Act (hospital mergers) and Missing and Murdered Indigenous Women. We won't have a final list of bills or speakers until after January 5th. This short session starts January 10th and we anticipate some good bills will be introduced at the beginning of the session that we will need national to vet before we can support them.

Stay in touch with the AAUW-WA website for the latest updates and program for the day at <https://aauw-wa.aauw.net/>



I apologize that some of the links in the newsletter are not working. I have tried to correct this glitch with no luck... In the meantime, to open a link, highlight the link, copy and paste in your browser. This should open up the link to the site. I'm still working on this...I'm hoping to resolve this in 2022! Anneliese



Future Branch meetings will be held on a quarterly basis through 2022 (tentatively for February/March)



Highline Board Meeting – Friday, January 14th, 2022 at 11:30 am via Zoom
(There was no meeting in December 2021)

Join the Seattle Branch Meeting – **Saturday, January 15, 2022 - 10 - 11:30 am** –
Investing in Equity by Taxing Extreme Wealth Gender and Racial Equity in the Washington State Budget
with Carolyn Brotherton, PhD

Online: Free Zoom Registration Required – (for more details check the Seattle Catalyst)

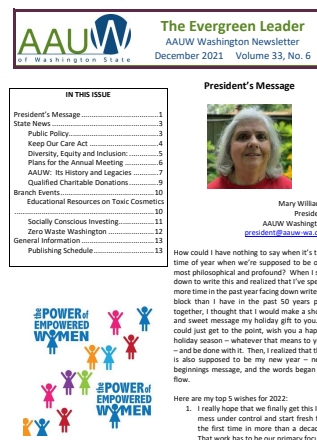
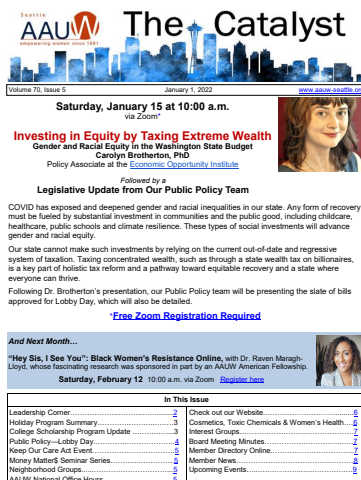
Seattle Branch On-line Monthly Meetings.

Several of our Highline members have joined some of the Seattle interest groups, such as the West Seattle & Points South on the second Tuesday of the month at 10 am. The current theme is “Writing triggers”. Seattle invites all Highline members to the monthly Zoom programs, generally on the third Saturday. Next meeting is on **Tuesday, January 11, 2022 at 10 am**. If you are interested in joining this virtual coffee club, email Barbara Sando at barbarasando@yahoo.com

Monday, January 24, 2022 - Lobby Day, sponsored by AAUW WA State: a full day of statewide and local advocacy for AAUW legislative priorities.

If you are a member of the Highline Heritage Museum

If you would like to keep up with AAUW Washington news, we suggest that you add the Seattle Catalyst and the Evergreen Reader to your list of resources



<https://aauw-seattle.org/>

<https://aauw-wa.aauw.net/>



Morning and Afternoon Book Discussion Groups are back in person and will hopefully continue in 2022!

4th Friday – Mornings at 9:30 am

January 28, 2021 – *Driving Miss Norma* by Tim Bauerschmidt – host Janet Knowlton, leader Carol Mohler

February 25 – *The Little Old Lady Who Broke all the Rules* by C. Ingelman-Sunberg – host Carol Thomas, leader Kerry Lohr

March 25 – *Full Body Burden* by Kristen Iversen – host Kathy Walker, leader Anneliese Ellerton

April 22 – *Anzac Girls* by Peter Rees – host Pat Hodges, leader Jane Emerson

May 27 – *Facing the Mountain* by Daniel James Brown – host Jane Emerson, leader Vicki Moore

June 24 – *Fast Girls: Novel of the 1936 Olympic Team* by Elise Hooper – host Nancy Wilson, leader Kathie Walker

1st Monday - Afternoons at 3:00pm *unless otherwise specified

***January 3, 2021 – *The Song of the Lark* by Willa Cather – hosted by Mary Kay Ault at 2PM**

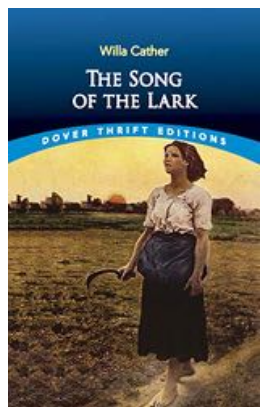
February 7 – *The Other Einstein* by Marie Benedict – hosted by Kay Crane

March 7 – *1968 The Year that Rocked the World* by Mark Kurlansky – hosted by Emily Hitchens

April 4 – *Dear Bob and Sue* by Matt & Karen Smith – hosted by Carol Erickson

May 2 – *Let's Pretend This Never Happened* by Jenny Lawson – hosted by Kerry Lohr

June 6 – *The Island of the Sea Women* by Lisa See – hosted by Lynn Smith



The Song of the Lark (Dover Thrift Editions) Paperback – by Willa Cather

A novelist and short-story writer, Willa Cather is today widely regarded as one of the foremost American authors of the twentieth century. Particularly renowned for the memorable women she created for such works as *My Ántonia* and *O Pioneers!*, she pens the portrait of another formidable character in *The Song of the Lark*. This, her third novel, traces the struggle of the woman as artist in an era when a women's role was far more rigidly defined than it is today.

The prototype for the main character as a child and adolescent was Cather herself, while a leading Wagnerian soprano at the Metropolitan Opera (Olive Fremstad) became the model for Thea Kronborg, the singer who defies the limitations placed on women of her time and social station to become an international opera star. A coming-of-age novel, important for the issues of gender and class that it explores, *The Song of the Lark* is one of Cather's most

popular and lyrical works. Amazon



Driving Miss Norma: One Family's Journey Saying "Yes" to Living by Tim Bauerschmidt, Ramie Liddle

When Miss Norma was diagnosed with uterine cancer, she was advised to undergo surgery, radiation, and chemotherapy. But instead of confining herself to a hospital bed for what could be her last stay, Miss Norma—newly widowed after nearly seven decades of marriage—rose to her full height of five feet and told the doctor, “I’m ninety years old. I’m hitting the road.”

And so Miss Norma took off on an unforgettable around-the-country journey in a thirty-six-foot motor home with her retired son Tim, his wife Ramie, and their dog Ringo.

As this once timid woman says “yes” to living in the face of death, she tries regional foods for the first time, reaches for the clouds in a hot air balloon, and mounts up for a horseback ride. With each passing mile (and one educational visit to a cannabis dispensary), Miss Norma’s health improves and conversations that had once been taboo begin to unfold. Norma, Tim, and Ramie bond in ways they had never done before, and their definitions of home, family, and friendship expand. Stop by stop, state by state, they meet countless people from all walks of life—strangers who become fast friends and welcome them with kindness and open hearts.

Infused with this irrepressible nonagenarian’s wisdom, courage, and generous spirit, *Driving Miss Norma* is the charming, infectiously joyous chronicle of their experiences on the road. It portrays a transformative journey of living life on your own terms that shows us it is never too late to begin an adventure, inspire hope, or become a trailblazer. *Goodreads*



January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 <i>New Year's Day</i>
2	3 <i>PM Book group 2PM</i>	4 <i>National Trivia Day</i>	5 <i>"Flights and Rights" Zoom 5PM</i>	6 <i>Epiphany</i>	7 <i>Orthodox Christmas Day</i>	8 <i>Highline Heritage Museum 5 – 7PM</i>
9 <i>Golden Globe Awards</i>	10	11 <i>Seattle Coffee Group 10AM</i>	12	13	14 <i>Zoom Board Meeting 11:30</i>	15 <i>Seattle Branch Meeting 10am</i>
16 <i>Religious Freedom Day</i>	17 <i>Martin Luther King Day</i>	18 <i>Winnie the Pooh Day</i>	19 <i>National Popcorn Day</i>	20	21 <i>National Hug Day</i>	22
23 <i>National Pie Day</i>	24 <i>Lobby Day</i>	25	26 <i>Australia Day</i>	27 <i>Holocaust Remembrance Day</i>	28 <i>Morning Book Group 9:30</i>	29
30 <i>Happy Birthday Kay</i>	31 <i>Grammy Awards</i>					

AAUW Highline Branch Newsletter
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